



Patient Testimonial

Patient Name Bonnie

Date 2/23/06

Why I Entered the Office:

I was in such excruciating back pain that I couldn't walk or stand up straight. I had a severe strained back muscle that was pulling on my spine + making my back curve to the right + thus pinching nerves as well.

How Chiropractic Helped Me:

Dr Laubach first took x-rays, at my request, to make sure there wasn't something really bad going on that would require surgery. Fortunately, there wasn't. So he proceeded with electrode muscle pads(?) that helped to release the strained muscles. Also in addition, ice packs + some very easy manipulations. Nothing that I couldn't handle. I was worried that he would hurt me + put me in even more pain. I was pleasantly surprised when he did not. In about 2 visits I was feeling much much better. I still see Dr L. on a regular basis. He explained everything in full detail BEFORE he did anything so I felt comfortable letting him work on my back. I have had back pain off & on for about 3 years before my visit to Dr. L. I never went to the Chiro unless I was in pain. I now learned that you should come in even when you're NOT in pain for regular checkups. I would highly recommend him to anyone with problems. He is excellent!

Patient Signature Bonnie