

## Patient Testimonial

Patient Name JAN L. ASHCROFT

Date 10/20/11

### Why I Entered the Office:

I had severe neck pain - unable to turn my head left to right or look up or down. In addition, I had significant numbness in right arm and right leg. Intense pressure near top of back / bottom of skull caused intensive facial/neck pain.

### How Chiropractic Helped Me:

Upon physical examination along with in-depth conversations Dr. Blith devised a treatment plan and provided a tentative time line for needed treatment. Electric stimulation was used to relax my throat muscles and adjustments will continue by Dr. Noto. I couldn't believe that I felt some relief after the first one or two adjustments. Kelly Manning, Therapist has performed deep tissue massage on three separate occasions thus far. The release of tension, numbness and over discomfort that stems from old injuries and new stressors are nearly gone! I am fully aware that I have a journey ahead of me but the road to this point is nothing short of a miracle. I can turn my head side to side and up/down. No numbness in my right arm and hardly gone in my right leg. This staff is caring, supportive, knowledgeable and devoted to their patients well-being. Am glad to be in their care!

Patient Signature

Jan L. Ashcroft